

# Kodiak Team Courier

## Local Winter Games to Feature Competition, Food & Fun



**Kodiak athletes Brittany Tregarthen, Nick Berestoff and Chris Kavanaugh at the Winter 2009 Local Games at Kodiak Middle School.**

**Newsletter editor:  
Suzanne Bobo**

Local Games for Winter 2010 sports will take place Saturday, February 13 at Kodiak Middle School. Opening ceremonies begin at 9:00 a.m..

Floor hockey, coached by Chris Provost, opens competition at 9:30 in the KMS gym. The scuttlebutt is a local hockey team has challenged the Special Olympics team to some friendly competition that day. We'll see how our team fares against this other mystery team.

Snow shoe competition, under coach Tonya Lee, begins at 11:30 a.m. at Baranof Park.

Following a mid-afternoon break, athletes are invited to

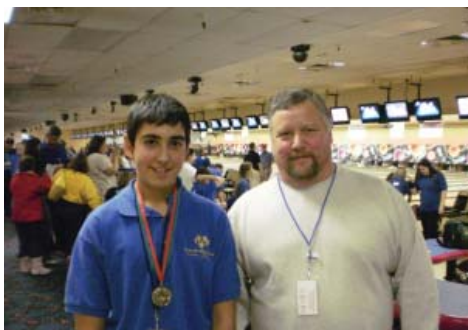
return to KMS for a potluck lunch and victory dance from 2:00 until 4:00 p.m.. As always, family and friends are invited to eat and dance with the athletes.

### State Games March 12-14

Looking ahead, Kodiak director Dan Canavan asks all athletes to mark their calendars for the State Winter Games March 12-14 in Anchorage. The summer sports program--basketball, power lifting and aquatics--begins the week of March 15.

# 2009 State Bowling Tournament

Photos by John Sullivan; Story by Suzanne Bobo



## Kodiak delegation wins two tournament awards at State Special Olympics Bowling Tourney

The 2009 Special Olympics Alaska Bowling Tournament drew nearly 500 athletes, coaches and volunteers to Anchorage November 20th -22<sup>nd</sup> where bowlers from seven communities including Kodiak competed at Polar Bowl located at Elmendorf Air Force Base. George Lee coached the Kodiak delegation which included sixteen bowlers competing in 48 events. Total team pinfall was 15,770 pins.

Bowling is a Special Olympics Unified Sport, meaning it combines approximately equal numbers of Special Olympics athletes and athletes without intellectual disabilities (called partners) on sports teams for training and competition.

The Kodiak delegation brought home two tournament awards. Derrick Blondin and first-time partner Dylan Kavanaugh took the tournament award for unified doubles with a score of 1318 and partner Donna McCormick earned the tournament award for female unified partner with a score of 733. Both scores merited gold medals.

In addition to the tournament awards, Blondin took first place honors in men's unified team competition with teammates Kavanaugh, Nicole Strom and Byron Nixon. Kavanaugh snatched the gold in the partners individual category. His final combined score from three events was 744. McCormick took first place in the unified doubles event with athlete Kathryn Moody. Moody also won the gold in women's individual competition. Her final combined score from three events was 698.

First place honors also went to Amy Canavan and Chloe Wood competing in the unified partners event and Shantele Mantalaba in the women's individual event.

Silver medals winners: Sam Stahlhut and Ryan Carson in men's traditional doubles; Sam Stahlhut, Ryan Carson, Ben Stahlhut and Ferdinand Valdez in men's traditional team; and Nicole Strom, Judy Wallace, and Ben Stahlhut in individual events.

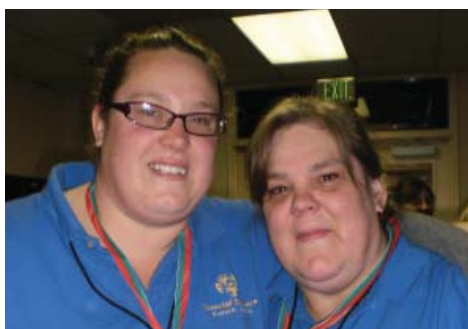
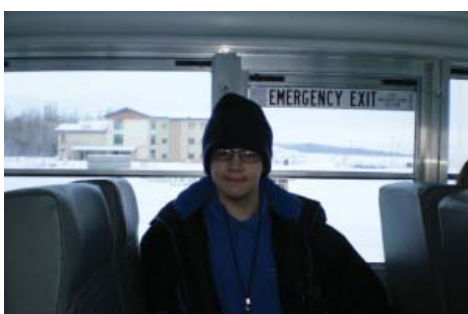
Bronze medal winners: Derrick Blondin, men's traditional individual; Amy Canavan, women's traditional individual; Amy Canavan, Donna McCormick, Kathryn Moody, and Chloe Wood in women's unified team; Byron Nixon and Nicole Strom in men's unified doubles; Ben Stahlhut and Ferdinand Valdez in men's traditional doubles; Brittany Tregarthen and Ferdinand Valdez in traditional individual events.

Fourth place winners: Shantele Mantalaba, Brittany Tregarthen, Judy Wallace and Julia Wiley, women's traditional team; and Byron Nixon and Sam Stahlhut, men's individual events.

Fifth place: Ryan Carson in men's individual play.

Seventh place: Brittany Tregarthen and Julia Wiley, women's traditional doubles; Julia Wiley, women's traditional individual play; and Chloe Wood, partner individual play.

Eighth place: Shantele Mantalaba and Judy Wallace in women's traditional doubles.



***"Let me win, but if I cannot win, let me be brave in the attempt." --Special Olympics Athletes' Oath***

## Amy Fogle to Coach Unified Basketball

Kodiak director Dan Canavan is pleased to announce that Unified Basketball has returned to Kodiak! The basketball season will open immediately after the State Winter Games in mid-March with Amy Fogle coaching unified basketball and Chris Provost coaching basketball individual skills. Provost returns as the IS coach and Fogle joins us new this year, bringing her expertise from coaching basketball at Kodiak High School. We welcome Amy Fogle and encourage all athletes to consider this new opportunity for unified competition. Contact Dan Canavan for more information on practice times, etc.



## Power lifting and Aquatics

start the week of March 15. Contact Dan Canavan to register: 486-4837



## Fun-raising at the Annual Seafood Banquet

The Annual Seafood Banquet hit the target with great food, fun entertainment and successful ticket sales. The KHS culinary skills class cooked up a fabulous menu featuring deep-fried fish, roast beef, vegies, bread and cheesecake all served up by members of the KMS Partners Club. Captain Kathy Quinn and athlete Brittany Tregarthen provided entertainment. Athletes and volunteers sold all 300 raffle tickets to raise financial support for local programs. In the photo above athletes Julia Wiley and Chris Bullert share some laughs. Thanks, Kodiak, for another successful and fun seafood banquet!

## Torch Run on the Horizon

Itching to run? The 2010 Torch Run to benefit Special Olympics is scheduled for May 15 in conjunction with Local Summer Games. To find out how you can register to run in this annual event, spear-headed by law enforcement officers throughout Alaska, contact Dan Canavan at 486-4837.

## Volunteer Barb Woodruff Relocates

Long-time Kodiak volunteer and CMT member Barb Woodruff is now assisting the Special Olympics Alaska office in Anchorage. Woodruff, who played as a partner on the Kodiak bocce team and served the CMT as its financial secretary, will be helping the state office manage the accounts for all of its community programs. We were certainly saddened when Woodruff left Kodiak to move to Anchorage last fall, but we are delighted to have her continued involvement in Special Olympics.



# Athletes' Feats

## Kathy Moody actively advocates for Special Olympics



### **Kodiak Area Special Olympics would like to recognize**

Kathy Moody for successfully nominating the local program for a \$1,000 grant from the Wal-Mart Foundation. In addition to her expertise in fundraising, Kathy successfully competes in numerous sports, advancing in 2009 to state competition in power lifting and bowling. Kathy is shown here with her daughter Hanna in Kodiak's July 4th parade. We admire Kathy and her husband Hans (a unified partner) for their ability to combine their careers, parenthood and home ownership with rigorous sports training.



**Special Olympics**

*Alaska*

*Kodiak Community*

**Be a fan™**

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